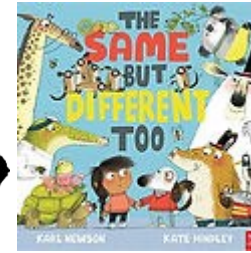
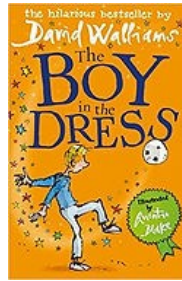


## Subject Specific Vocabulary

<b>Friendship</b>	A relationship between two people where there is shared trust, affection and admiration.
<b>Family</b>	A group of people related by marriage or birth who often love, care and support one another.
<b>Support</b>	To help someone by showing understanding and love towards them.
<b>Loneliness</b>	Sadness because you feel like you have no friends or company.
<b>Excluded</b>	The feeling of being left out or forced out a group or game.
<b>Positive relationships</b>	It can be shared between any two people who support, encourage and help each other and both people feel happy and safe.
<b>Dispute</b>	A disagreement or argument.
<b>Reconcile</b>	To make friends again.
<b>Bullying</b>	The behaviour of a person who hurts or frightens someone else, repeatedly.

## How can we be a good friend?

## What are families like?



### What do I already know?

**KS1:** Positive behaviours to make and keep friends, how to recognise feeling lonely and how to ask for help, asking for help when someone's behaviour makes you unhappy, strategies to resolve arguments and disputes.

### By the end of this topic I will explore...

- ◆ Who are our family and friends? - recognising different relationships.
- ◆ What does a healthy relationship look like? How can you be a good friend?
- ◆ How do you know if someone is lonely or excluded? How can you help?
- ◆ What happens when we fall out?
- ◆ How can we solve problems in our relationships?
- ◆ What is bullying?
- ◆ How can we stand up to bullying?
- ◆ Do all families look the same?
- ◆ What does a positive family life look like?
- ◆ How should family members care for each other?
- ◆ How can you ask for help if family relationships are making you feel unhappy, worried or unsafe?

### Links to the PSHE/RSE Curriculum and Progression:

#### PSHE/RSE Programme of Study:

Please see PoS Document for full descriptors...

#### Safe Relationships

R5, R6, R7, R8, R9, R10, R11, R12, R13, R14, R17, R18